

PROFESSIONAL SERIES

2018 TOPICS

CONTINUING EDUCATION SERIES

Cornerstone of Hope is dedicated to providing education for community professionals. To learn more or register for these upcoming programs, please visit our website at cornerstoneofhope.org.

SELF-CARE AND COMPASSION FATIGUE

January 24, 2018: 9:00am - 12:00pm

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$35

CEU: 3 CEU for Social Workers, Counselors and Nurses
Continuing Education hours for Funeral Directors pending

Compassion Fatigue is the risk that caregivers assume when they choose not to take good care of themselves. This will be an interactive and practical discussion of the signs and symptoms of Compassion Fatigue; as well as an opportunity to learn effective self-care strategies.

SPIRITUAL DISCIPLINES SERIES: SPIRITUAL DISCIPLINE OF CONTENTMENT

February 7, 2018: 8:30am - 9:30am

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$10

CEU: 1 CEU for Social Workers, Counselors and Nurses

Contentment is a spiritual practice that requires daily discipline. It can be a source of strength, joy and encouragement to those who serve and care for others. Contentment helps us to stay calm in the midst of the challenges we face with our clients and ourselves.

GRIEF FROM A CHRISTIAN PERSPECTIVE

April 18, 2018: 9:00am - 12:00pm

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$35

CEU: 3 CEU for Social Workers, Counselors and Nurses
Continuing Education hours for Funeral Directors pending

A look at grief and strategies of care through a Christian lens. Biblically based, hope filled examination of the ways in which the deep pain of a lifelong loss can be comforted and counseled.

SPIRITUAL DISCIPLINES SERIES: SPIRITUAL DISCIPLINE OF CELEBRATION AND CREATIVITY

May 9, 2018: 8:30am - 9:30am

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$10

CEU: 1 CEU for Social Workers, Counselors and Nurses

Celebration and creativity are spiritual disciplines which are best experienced in the context of community. They enrich our relationships and increase our joy, thus helping to make us stronger, healthier and more effective caregivers.

LEADERSHIP AND MENTORING

July 25, 2018: 9:00am - 12:00pm

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$35

CEU: 3 CEU for Social Workers, Counselors and Nurses
Continuing Education hours for Funeral Directors pending

Thoughtful leadership and consistent mentoring are essential to the personal and professional longevity of those who care for others. This session will focus on leadership and mentoring skills which will support, encourage and further develop effective counselors and caregivers.

SPIRITUAL DISCIPLINES SERIES: SPIRITUAL DISCIPLINES OF PRAYER AND PERSEVERANCE

August 22, 2018: 8:30am - 9:30am

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$10

CEU: 1 CEU for Social Workers, Counselors and Nurses

The spiritual discipline of prayer requires persistence, commitment, and perseverance in order to develop an intimate relationship with God. Ongoing focus and perseverance are foundational to being instruments used by God to serve and assist His people.

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A CENTER FOR GRIEVING CHILDREN, TEENS AND ADULTS
5905 Brecksville Road
Independence, Ohio 44131
216.524.4673

*To view details for upcoming education,
please visit cornerstoneofhope.org*

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FORGIVENESS

October 17, 2018: 9:00am - 12:00pm

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$35

CEU: 3 CEU for Social Workers, Counselors and Nurses
Continuing Education hours for Funeral Directors pending

Unforgiveness can become a bitter stumbling block with the power to prevent us from experiencing an emotionally healthy lifestyle. Caregivers must become proficient in helping clients learn how to identify the signs, symptoms and impact of unforgiveness, while choosing to extend grace.

SPIRITUAL DISCIPLINE SERIES: SPIRITUAL DISCIPLINES OF HEARING THE VOICE OF GOD

November 14, 2018: 8:30am - 9:30am

Presenter: Linda Anderson-Gaines, PCC-S

Cost: \$10

CEU: 1 CEU for Social Workers, Counselors and Nurses

The most important spiritual discipline is an ever increasing desire and ability to recognize, respond to and obey the Voice of God. This session will highlight some of the blessings and barriers to hearing God's Voice on a consistent basis.

CHILDREN'S GRIEF AWARENESS DAY

November 15, 2018: 3:30pm - 5:00pm

Cost: Free

CEU: 1 CEU for Social Workers, Counselors and Nurses

Learn new interventions to use with children and teens you work with in your practice.

THE THEOLOGY OF GRIEF SERIES

Thursday, February 1, 2018

Thursday, April 5, 2018

Thursday, June 7, 2018

Thursday, August 2, 2018

Thursday, October 4, 2018

Thursday, December 6, 2018

From 3:30pm - 5:00pm

Cost: Free

CEU: 1.5 CEU's for Social Workers, Counselors and Nurses
Funeral Director continuing education credits pending approval

It has been said the journey of grief is one of pain and illumination. God invites us to position ourself on the grief journey to receive divine awareness and inspiration. Using divinely inspired insights from the journey of grief we will explore God's sustaining promises found in the Holy Scripture. With the truth of scripture as our guide we journey into the profound mysteries in the Theology of Grief.



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