

LOVE AFTER LOSS

OPEN TO ANY ADULT
WHO HAS LOST THEIR
SPOUSE OR SPECIAL LOVE

HELD AT CORNERSTONE OF HOPE
FRIDAYS, SEPTEMBER 8, 2017 - NOVEMBER 10, 2017
6:00PM - 8:00PM

Please register by calling 216.524.4673 or online at cornerstoneofhope.org

These dynamic classes are free and open to any adult who has lost their spouse or special love. Classes are open to anyone whether or not they have used Cornerstone's services previously. Dinner will be provided, and you do not have to attend all classes, but it is recommended that you try to commit to the full series.

You're never too old to fall in love again. Each week will have a specific topic including:

- Dealing with loneliness*
- Finding friendship*
- When friendship turns to romance*
- Avoiding the pitfalls of modern dating*
- Respect and positive self-image*
- Regaining confidence with physical intimacy*
- Coping with pictures, anniversaries and the elephant in the room*
- Blending families*
- What to wear, say and talk about*
- Dealing with grief and guilt as you move forward*

PRESENTED IN
PARTNERSHIP WITH:

Heartland 
Home Health, Hospice, IV Care



CORNERSTONE
of 

A CENTER FOR GRIEVING CHILDREN, TEENS AND ADULTS
5905 Brecksville Road
Independence, Ohio 44131
216.524.4673

To view details for upcoming support groups,
please visit cornerstoneofhope.org