

# MY HOLIDAY SURVIVAL CHECKLIST

## THANKSGIVING/CHRISTMAS DINNER:

- \_\_\_\_\_ Cook dinner
- \_\_\_\_\_ Have a small, simple dinner at home
- \_\_\_\_\_ Have a family potluck dinner
- \_\_\_\_\_ Prepare just one or two special traditional foods, keep the rest simple
- \_\_\_\_\_ Have dinner elsewhere
- \_\_\_\_\_ Have dinner at a friend or relative's home
- \_\_\_\_\_ Eat at a restaurant
- \_\_\_\_\_ Attend a potluck elsewhere
- \_\_\_\_\_ Volunteer to help with a holiday dinner for a soup kitchen or church

## CHRISTMAS CARDS:

- \_\_\_\_\_ Send no holiday cards
- \_\_\_\_\_ Send cards
- \_\_\_\_\_ Reduce the list to just closest family and friends
- \_\_\_\_\_ Send cards already printed
- \_\_\_\_\_ Address envelopes in October or November
- \_\_\_\_\_ Have a child or grandchild address envelopes
- \_\_\_\_\_ Send a preprinted holiday letter
- \_\_\_\_\_ Send New Year's cards rather than Christmas cards

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## SHOPPING:

- Buy gifts
- Buy a few gifts
- Buy a gift for immediate family members only
- Exchange names and buy for that person only
- Buy no gifts
- Make gifts
- Shop by mail and have gift directly delivered to recipient
- Give cash or gift certificates
- Give coupons for “services” to be used later in the year (i.e. babysitting, gardening, alterations, computer tutoring, etc.)
- Make a list before shopping; avoid evening and weekends

## HOLIDAY BAKING:

- Do the usual baking
- Bake only one or two specialties
- Cookies
- Fruitcakes
- Pie
- Homemade jams or candies
- Buy cookies and pastries from bakery or charitable organization

## DECORATING THE HOUSE:

- Do not decorate
- Decorate
- Decorate just one or two selected rooms
- Decorate with someone helping you
- Use different decorations than usual
- Outside decorations/lights