

OFFERING **HOPE** TO THOSE WHO GRIEVE.

2019 SUPPORT GROUPS

Cornerstone of Hope's support groups are open to all, regardless of ethnic, cultural and faith backgrounds and are led by professionally trained and experienced facilitators. Each meeting is two hours and includes a light meal or refreshments. Registration prior to group is required and groups are offered free of cost to participants. Please contact our office at 216.524.4673 to register.

- **ACCIDENTAL OVERDOSE LOSS SUPPORT GROUP:**

Thursdays, January 10 - March 14 from 6:00-8:00pm
Thursdays, April 4 - June 6 from 6:00-8:00pm
Thursdays, June 27 - September 5 from 6:00-8:00pm
Thursdays, September 19 - November 21 from 6:00-8:00pm

- **ADULT GRIEF SUPPORT GROUP:**

Wednesdays, January 9 - March 13 from 6:00-8:00pm
Fridays, January 11 - March 15 from 1:00-3:00pm
Wednesdays, April 3 - June 5 from 6:00-8:00pm
Fridays, April 5 - June 14 from 1:00-3:00pm
Wednesdays, June 26 - September 4 from 6:00-8:00pm
Fridays, June 28 - September 6 from 1:00-3:00pm
Wednesdays, September 18 - November 20 from 6:00-8:00pm
Fridays, September 20 - November 22 from 1:00-3:00pm

- **CHILD LOSS SUPPORT GROUP:**

Wednesdays, January 9 - March 13 from 6:00-8:00pm
Wednesdays, April 3 - June 5 from 6:00-8:00pm
Wednesdays, June 26 - September 4 from 6:00-8:00pm
Wednesdays, September 18 - November 20 from 6:00-8:00pm

- **COMPLICATED LOSS SUPPORT GROUP:**

Mondays, January 14 - March 18 from 6:00-8:00pm
Mondays, April 1 - June 17 from 6:00-8:00pm
Mondays, June 24 - August 26 from 6:00-8:00pm
Mondays, September 16 - November 18 from 6:00-8:00pm

- **FLIGHT (FAMILIES LIVING IN GRIEF & HEALING TOGETHER):**

Mondays, January 14 - March 18 from 6:00-8:00pm
Mondays, April 1 - June 17 from 6:00-8:00pm
Mondays, June 24 - August 26 from 6:00-8:00pm
Mondays, September 16 - November 18 from 6:00-8:00pm

- **MURDER LOSS SUPPORT GROUP:**

Thursdays, January 10 - March 14 from 6:00-8:00pm
Thursdays, April 4 - June 6 from 6:00-8:00pm
Thursdays, June 27 - September 5 from 6:00-8:00pm
Thursdays, September 19 - November 21 from 6:00-8:00pm

- **PERINATAL & INFANT LOSS SUPPORT GROUP:**

Saturdays, January 12 - March 2 from 9:00-11:00am
Saturdays, April 6 - June 1 from 9:00-11:00am
Saturdays, June 29 - August 17 from 9:00-11:00am
Saturdays, September 21 - November 16 from 9:00-11:00am

- **SPOUSE LOSS SUPPORT GROUP:**

Wednesdays, January 9 - March 13 from 6:00-8:00pm
Wednesdays, April 3 - June 5 from 6:00-8:00pm
Wednesdays, June 26 - September 4 from 6:00-8:00pm
Wednesdays, September 18 - November 20 from 6:00-8:00pm

- **SUICIDE LOSS SUPPORT GROUP:**

Thursdays, January 10 - March 14 from 6:00-8:00pm
Thursdays, April 4 - June 6 from 6:00-8:00pm
Thursdays, June 27 - September 5 from 6:00-8:00pm
Thursdays, September 19 - November 21 from 6:00-8:00pm

- **YOUNG ADULT GRIEF SUPPORT GROUP:**

Tuesdays, January 8 - March 12 from 6:00-8:00pm
Tuesdays, April 2 - June 4 from 6:00-8:00pm
Tuesdays, June 25 - August 27 from 6:00-8:00pm
Tuesdays, September 17 - November 19 from 6:00-8:00pm

- **TAPS: FOR THOSE WHO LOST A MILITARY LOVED ONE**

Meets on the first Saturday of each month from 10:00-11:30am

CONTINUING HOPE GROUPS

These groups are for those who have already completed one of Cornerstone of Hope's introductory groups.

- **BEREAVEMENT BIBLE STUDY SUPPORT GROUP:**

Fridays, January 11 - March 15 from 10:00-11:30am
Fridays, April 5 - June 14 from 10:00-11:30am
Fridays, June 28 - September 6 from 10:00-11:30am
Fridays, September 20 - November 22 from 10:00-11:30am

- **TRANSCENDING GRIEF (TUESDAYS):**

January 8 from 6:00-8:00pm	July 9 from 6:00-8:00pm
February 12 from 6:00-8:00pm	August 13 from 6:00-8:00pm
March 12 from 6:00-8:00pm	September 10 from 6:00-8:00pm
April 9 from 6:00-8:00pm	October 8 from 6:00-8:00pm
May 14 from 6:00-8:00pm	November 12 from 6:00-8:00pm
June 11 from 6:00-8:00pm	December 10 from 6:00-8:00pm



A CENTER FOR GRIEVING CHILDREN, TEENS AND ADULTS
5905 Brecksville Road, Independence, Ohio 44131 | 216.524.4673

*To view details for upcoming support groups,
please visit cornerstoneofhope.org*