

# YOUNG ADULT | SUPPORT GROUP



**Tuesday Evenings from 6:00 PM to 8:00 PM**

Winter Session: January 9 - March 13, 2018

Spring Session: April 10 - June 5, 2018

Registration is required and a mandatory intake meeting must be completed two weeks prior to group beginning.



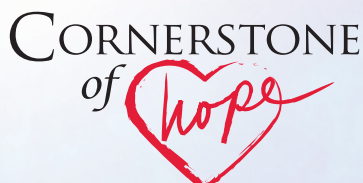
This group is for people who are ages 18 through 32 years old and grieving the loss of a loved one. This group brings people together, and because of their age, they are able to find a strong support system together.

Open to all, regardless of ethnic, cultural & faith backgrounds. Led by professionally trained and experienced facilitators. Session is ten weeks in length and each meeting is 2 hours. Provided at no charge to you, and includes bakery and coffee.

*"Participating in this group has given me many things. I have formed relationships that will continue far past these 8 weeks. I have gained the knowledge that I am not alone in my grief, and above all, this group has given me strength. Strength to face my grief without holding back, for that is the only way to face it. "*

*-Katherine, Group Member*

Cornerstone of Hope is dedicated to providing a variety of support groups for grieving children, teens and adults. Registration prior to the start of the quarter is required for participation.



A CENTER FOR GRIEVING  
CHILDREN, TEENS, AND ADULTS

## CLEVELAND

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