

MONTHLY EDUCATION SERIES

SUICIDE LOSS

HELD AT CORNERSTONE OF HOPE THE SECOND MONDAY OF EACH MONTH
5905 BRECKSVILLE ROAD
INDEPENDENCE, OHIO 44131

FROM 6:00PM - 8:00PM
DINNER WILL BE PROVIDED

This monthly informational series is for adults looking to learn more about suicide or for those grieving the loss of a loved one to suicide. Suicide has a devastating impact on families, friends and communities. We hope adults affected by suicide or looking to learn more about suicide will join us for this informational monthly series held at Cornerstone of Hope.



The cost is \$10 per session and a light dinner will be provided. Registration is required by visiting cornerstoneofhope.org. The featured speaker is Pete Bliss, founder of the Cuyahoga County Suicide Postvention Response Team.

Please note that this series is for adults only. This series is presented through a partnership between Cornerstone of Hope and Suicide Postvention Response Team, Serving Cuyahoga County.

Suicide Postvention Response Team

Serving Cuyahoga County



A CENTER FOR GRIEVING CHILDREN, TEENS AND ADULTS
5905 Brecksville Road
Independence, Ohio 44131
216.524.4673

*To view details for upcoming support groups,
please visit cornerstoneofhope.org*

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SCHEDULE OF TOPICS

2019:

Monday, 8/12: Introduction to Suicide
Monday, 10/14: Social Media and Suicide
Monday, 12/9: Holiday Grief

Monday, 9/9: Typical Grief and Traumatic Grief
Monday, 11/11: Finding Peace in the Present

2020:

Monday, 1/13: The First Year After Loss
Monday, 3/9: The Suicidal Mind
Monday, 5/11: Healthy Remembrance
Monday, 7/13: Honoring Our Loved Ones
Monday, 9/14: Suddenly Single: Parenting
Monday, 11/9: Suicide in the Elderly

Monday, 2/10: Child and Teen Suicide
Monday, 4/20: When Will I be Happy Again?
Monday, 6/8: Long Term Loss Recovery
Monday, 8/10: Meeting New People After a Loss
Monday, 10/12: What Do I Do with their Belongings?
Monday, 12/14: Anniversaries, Birthdays, and Holidays

REMEMBRANCE DINNERS

Please join us for a special memorial dinner where we will honor our loved ones gone too soon. You are invited to bring a guest with you. The program will include an inspirational speaker and a memorial item to take with you. There is no cost to attend and you may bring up to 2 guests with you.

Monday, December 9, 2019
Monday, May 18, 2020
Monday, December 14, 2020

RSVP online at cornerstoneofhope.org no later than the Friday preceding the event.



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