

# STEPPING STONES **CORNERSTONE'S** **FIRST STEP TO GRIEF RECOVERY**

6:00pm to 7:30pm

*Refreshments provided*

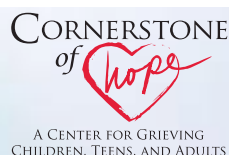
Monday, September 16, 2019	Grief 101
Monday, September 30, 2019	Coping with Loss
Monday, October 14, 2019	Spirituality and Grief
Monday, October 28, 2019	Traumatic Loss

Do you have a recent loss and are looking to connect with others? Join us for an informative group session exploring the journey through early grief. Open to those who are in the first year of loss and are new to Cornerstone of Hope's support group program.

Free of cost to attend. No registration is necessary.



*All Cornerstone of Hope clinical support programs are led by professionally trained, Master's level clinicians.*



A CENTER FOR GRIEVING  
CHILDREN, TEENS, AND ADULTS

**CLEVELAND**  
5905 Brecksville Road  
Independence, Ohio 44131  
216.524.HOPE(4673)

[cornerstoneofhope.org](http://cornerstoneofhope.org)

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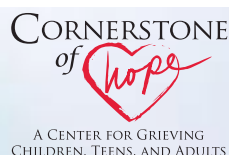
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