

# 2020 SUPPORT GROUPS *FOR GRIEVERS*

Cornerstone of Hope's support groups are open to all, regardless of ethnic, cultural and faith backgrounds and are led by professionally trained and experienced facilitators. Each meeting includes a light meal or refreshments. In order to participate in a support group, you must complete an intake and pay the \$50 intake fee.

**Please contact our office at 216.524.4673 to schedule your intake before these registration dates:**

Winter 2020 Groups: Friday, December 13, 2019  
Spring 2020 Groups: Friday, March 13, 2020  
Summer 2020 Groups: Friday, June 5, 2020  
Fall 2020 Groups: Friday, August 28, 2020

• **OVERDOSE LOSS SUPPORT GROUP:**

Thursdays, January 9 - March 12 | 6:00-8:00pm  
Thursdays, April 2 - June 4 | 6:00-8:00pm  
Thursdays, June 23 - September 3 | 6:00-8:00pm  
Thursdays, September 17 - November 19 | 6:00-8:00pm

• **ADULT GRIEF SUPPORT GROUP:**

Tuesdays, January 7 - March 10 | 6:00-8:00pm  
Fridays, January 10 - March 13 | 1:00-3:00pm  
Tuesdays, March 31 - June 2 | 6:00-8:00pm  
Fridays, April 3 - June 5 | 1:00-3:00pm  
Tuesdays, June 23 - September 1 | 6:00-8:00pm  
Fridays, June 26 - September 4 | 1:00-3:00pm  
Tuesdays, September 15 - November 17 | 6:00-8:00pm  
Fridays, September 17 - November 20 | 1:00-3:00pm

• **CHILD LOSS SUPPORT GROUP:**

Wednesdays, January 8 - March 11 | 6:00-8:00pm  
Wednesdays, April 1 - June 3 | 6:00-8:00pm  
Wednesdays, June 24 - September 2 | 6:00-8:00pm  
Wednesdays, September 16 - November 18 | 6:00-8:00pm

• **COMPLICATED LOSS SUPPORT GROUP:**

Tuesdays, January 7 - March 10 | 6:00-8:00pm  
Tuesdays, March 31 - June 2 | 6:00-8:00pm  
Tuesdays, June 23 - September 1 | 6:00-8:00pm  
Tuesdays, September 15 - November 17 | 6:00-8:00pm

• **FLIGHT (FAMILIES LIVING IN GRIEF & HEALING TOGETHER):**

Tuesdays, January 7 - February 25 | 6:00-8:00pm  
Tuesdays, March 31 - May 12 | 6:00-8:00pm  
Tuesdays, June 23 - August 11 | 6:00-8:00pm  
Tuesdays, September 15 - November 3 | 6:00-8:00pm

• **MURDER LOSS SUPPORT GROUP:**

Thursdays, January 9 - March 12 | 6:00-8:00pm  
Thursdays, April 2 - June 4 | 6:00-8:00pm  
Thursdays, June 23 - September 3 | 6:00-8:00pm  
Thursdays, September 17 - November 19 | 6:00-8:00pm

• **MEN'S GRIEF SUPPORT GROUP:**

Day/Time TBD

• **PERINATAL & INFANT LOSS SUPPORT GROUP:**

Saturdays, January 11 - March 14 | 9:00-11:00am  
Saturdays, April 4 - June 6 | 9:00-11:00am  
Saturdays, June 27 - September 5 | 9:00-11:00am  
Saturdays, September 19 - November 21 | 9:00-11:00am

• **SPOUSE LOSS SUPPORT GROUP:**

Wednesdays, January 8 - March 11 | 6:00-8:00pm  
Wednesdays, April 1 - June 3 | 6:00-8:00pm  
Wednesdays, June 24 - September 2 | 6:00-8:00pm  
Wednesdays, September 16 - November 18 | 6:00-8:00pm

• **SUICIDE LOSS SUPPORT GROUP:**

Thursdays, January 9 - March 12 | 6:00-8:00pm  
Thursdays, April 2 - June 4 | 6:00-8:00pm  
Thursdays, June 23 - September 3 | 6:00-8:00pm  
Thursdays, September 17 - November 19 | 6:00-8:00pm

• **YOUNG ADULT GRIEF SUPPORT GROUP:**

Tuesdays, January 7 - March 10 | 6:00-8:00pm  
Tuesdays, March 31 - June 2 | 6:00-8:00pm  
Tuesdays, June 23 - September 1 | 6:00-8:00pm  
Tuesdays, September 15 - November 17 | 6:00-8:00pm

• **TEEN GRIEF SUPPORT GROUP:**

Tuesdays, January 7 - March 10 | 6:30-8:00pm  
Tuesdays, March 31 - June 2 | 6:30-8:00pm  
Tuesdays, June 23 - September 1 | 6:30-8:00pm  
Tuesdays, September 15 - November 17 | 6:30-8:00pm

• **TAPS: FOR THOSE WHO LOST A MILITARY LOVED ONE**

Meets on the first Saturday of each month  
from 10:00-11:30am

• **BIBLE STUDY SUPPORT GROUP:**

Professionally led series to support the continuation of your grief journey, after completing a weekly support group.

Fridays, January 10 - March 13 | 10:00-11:30am  
Fridays, April 3 - June 5 | 10:00-11:30am  
Fridays, June 26 - September 4 | 10:00-11:30am  
Fridays, September 17 - November 20 | 10:00-11:30am



CREATING A WORLD WHERE NO GRIEVING PERSON JOURNEYS ALONE

5905 Brecksville Road, Independence, OH 44131 | 216.524.4673 | [cornerstoneofhope.org](http://cornerstoneofhope.org)