Cornerstone of Hope’s support groups are open to all, regardless of ethnic, cultural and faith backgrounds and are led by professionally trained and experienced facilitators. Each meeting includes a light meal or refreshments. In order to participate in a support group, you must complete an intake and pay the $50 intake fee.

Please contact our office at 216.524.4673 to schedule your intake before these registration dates:
- Winter 2020 Groups: Friday, December 13, 2019
- Spring 2020 Groups: Friday, March 13, 2020
- Summer 2020 Groups: Friday, June 5, 2020
- Fall 2020 Groups: Friday, August 28, 2020

**OVERDOSE LOSS SUPPORT GROUP:**
- Thursdays, January 9 - March 12 | 6:00-8:00pm
- Thursdays, April 2 - June 4 | 6:00-8:00pm
- Thursdays, June 23 - September 3 | 6:00-8:00pm
- Thursdays, September 17 - November 19 | 6:00-8:00pm

**ADULT GRIEF SUPPORT GROUP:**
- Tuesdays, January 7 - March 10 | 6:00-8:00pm
- Fridays, January 10 - March 13 | 1:00-3:00pm
- Tuesdays, March 31 - June 2 | 6:00-8:00pm
- Fridays, April 3 - June 5 | 1:00-3:00pm
- Tuesdays, June 23 - September 1 | 6:00-8:00pm
- Fridays, June 26 - September 4 | 1:00-3:00pm
- Tuesdays, September 15 - November 17 | 6:00-8:00pm
- Fridays, September 17 - November 20 | 1:00-3:00pm

**CHILD LOSS SUPPORT GROUP:**
- Wednesdays, January 8 - March 11 | 6:00-8:00pm
- Wednesdays, April 1 - June 3 | 6:00-8:00pm
- Wednesdays, June 24 - September 2 | 6:00-8:00pm
- Wednesdays, September 16 - November 18 | 6:00-8:00pm

**COMPLICATED LOSS SUPPORT GROUP:**
- Tuesdays, January 7 - March 10 | 6:00-8:00pm
- Tuesdays, March 31 - June 2 | 6:00-8:00pm
- Tuesdays, June 23 - September 1 | 6:00-8:00pm
- Tuesdays, September 15 - November 17 | 6:00-8:00pm

**FLIGHT (FAMILIES LIVING IN GRIEF & HEALING TOGETHER):**
- Tuesdays, January 7 - February 25 | 6:00-8:00pm
- Tuesdays, March 31 - May 12 | 6:00-8:00pm
- Tuesdays, June 23 - August 11 | 6:00-8:00pm
- Tuesdays, September 15 - November 3 | 6:00-8:00pm

**MURDER LOSS SUPPORT GROUP:**
- Thursdays, January 9 - March 12 | 6:00-8:00pm
- Thursdays, April 2 - June 4 | 6:00-8:00pm
- Thursdays, June 23 - September 3 | 6:00-8:00pm
- Thursdays, September 17 - November 19 | 6:00-8:00pm

**MEN’S GRIEF SUPPORT GROUP:**
- Day/Time TBD

**PERINATAL & INFANT LOSS SUPPORT GROUP:**
- Saturdays, January 11 - March 14 | 9:00-11:00am
- Saturdays, April 4 - June 6 | 9:00-11:00am
- Saturdays, June 27 - September 5 | 9:00-11:00am
- Saturdays, September 19 - November 21 | 9:00-11:00am

**SPouse LOSS SUPPORT GROUP:**
- Wednesdays, January 8 - March 11 | 6:00-8:00pm
- Wednesdays, April 1 - June 3 | 6:00-8:00pm
- Wednesdays, June 24 - September 2 | 6:00-8:00pm
- Wednesdays, September 16 - November 18 | 6:00-8:00pm

**SUICIDE LOSS SUPPORT GROUP:**
- Thursdays, January 9 - March 12 | 6:00-8:00pm
- Thursdays, April 2 - June 4 | 6:00-8:00pm
- Thursdays, June 23 - September 3 | 6:00-8:00pm
- Thursdays, September 17 - November 19 | 6:00-8:00pm

**YOUNG ADULT GRIEF SUPPORT GROUP:**
- Tuesdays, January 7 - March 10 | 6:00-8:00pm
- Tuesdays, March 31 - June 2 | 6:00-8:00pm
- Tuesdays, June 23 - September 1 | 6:00-8:00pm
- Tuesdays, September 15 - November 17 | 6:00-8:00pm

**TEEN GRIEF SUPPORT GROUP:**
- Tuesdays, January 7 - March 10 | 6:30-8:00pm
- Tuesdays, March 31 - June 2 | 6:30-8:00pm
- Tuesdays, June 23 - September 1 | 6:30-8:00pm
- Tuesdays, September 15 - November 17 | 6:30-8:00pm

**TAPS: FOR THOSE WHO LOST A MILITARY LOVED ONE**
- Meets on the first Saturday of each month from 10:00-11:30am

**BIBLE STUDY SUPPORT GROUP:**
- Professionally led series to support the continuation of your grief journey, after completing a weekly support group.
- Fridays, January 10 - March 13 | 10:00-11:30am
- Fridays, April 3 - June 5 | 10:00-11:30am
- Fridays, June 26 - September 4 | 10:00-11:30am
- Fridays, September 17 - November 20 | 10:00-11:30am