



Heart of My Heart

REMEMBERING & HONORING YOUR BABY'S LIFE

A PROGRAM OF **CORNERSTONE OF HOPE**

For Those Who Have Suffered
A Miscarriage, Stillbirth, Or Early Infant Loss

From the moment we learn that we will be a mother or a father, we love our baby more than we could imagine. Our hearts expand so much to love that baby enough that we are willing to lay down our lives for this precious new life that we are so excited to meet. Following the loss of a baby, we are forever changed. You are not alone in your grief, and we understand the significant pain of loss that you are experiencing.

SERVICES

Lending Library

Cornerstone of Hope has established a community partnership with Cuyahoga County Public Library. As part of that partnership, the Library has purchased books and other materials to enhance the resource center at Cornerstone of Hope

Grief Counseling

Personalized grief counseling for individuals and/or couples who have experienced the loss of an infant. In these sessions, our licensed counselors will support you on your personal grief journey.

Infant Loss Support Group

A 10 week support group is held quarterly for parents. This group allows individuals and couples the opportunity to share this monumental loss and support one another. Please call to schedule a required intake appointment to register.

Mom's Club

A monthly gathering for moms who have suffered a miscarriage or lost an infant and want to connect with others in a similar situation. This group meets every 3rd Saturday of the month. No intake is required to participate.

MEMORIAL CEREMONIES

Butterfly Release

An annual summer memorial service

Pregnancy & Infant Loss Remembrance

An annual remembrance service in October for parents who have experienced pregnancy or infant loss

Christmas Candle Lighting & Remembrance

An annual remembrance service in December

SPECIAL EVENTS

Mother's Day Tea

An annual luncheon in May for mothers who have experienced pregnancy or infant loss

Men Grieve Too

A monthly program for men who have lost a loved one that features a different topic/theme

Pampering Day For Women

An annual event in November for women who have lost a loved one

Christmas Ornament Workshop

An annual event in December for families and individuals to make an ornament in memory of their loved one

Visit cornerstoneofhope.org/cleveland or call **216.524.4673** to learn more about our services, memorial ceremonies, and special events.



A CENTER FOR GRIEVING CHILDREN, TEENS AND ADULTS

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