



**Cornerstone
of Hope**




We offer professional educational courses on grief and loss, along with other issue-specific training opportunities.

Cornerstone of Hope provides excellent clinical services and programs to grieving children, teens, and adults. In addition, Cornerstone of Hope has provided training on all aspects of grief and loss to community agencies, businesses, universities, schools, hospitals, and churches. Many of our bereavement trainings include CEU credits for counselors, social workers, therapists, nurses, and funeral directors, where noted.

Trainings will be presented by Julia Ellifritt, LISW-S or a member of the Cornerstone of Hope team and held at our Cleveland office, at 5905 Brecksville Road, Independence, Ohio 44131. For questions about our upcoming training opportunities, please call 216-524-4673.

TO REGISTER FOR A TRAINING:

Please scan the code next to the training or visit cornerstoneofhope.org. Registration must be complete and payment must be received two weeks prior to the start of the training.



CLIENT CARE DURING THE HOLIDAYS



CEUs: 2

Cost: \$40

This program will focus on defining mourning, grief, bereavement, and complicated grief as well as discussing the difference between complicated and traditional grief. It will also look at the factors that make our grief unique from one another. We will also discuss how the bereaved experience holiday traditions and include clinical interventions to assist those bereaved clients throughout the holiday season.

Objectives:

- To define mourning, grief, bereavement and complicated grief
- List the tasks of grief and factors that make grief unique
- Discuss clinical interventions for assisting a bereaved person in trying to navigate the holidays and family traditions.

Upcoming Sessions:

Monday, November 4, 2024

6 P.M. - 8 P.M.

GRIEF 101



CEUs: 2

Cost: \$40

Grief is something that 100% of the population experiences. This program will focus on defining mourning, grief, bereavement, and complicated grief as well as discussing the difference between complicated and traditional grief. It will also look at the factors that make our grief unique from one another. Special focus will be on the clinical issues surrounding suicide and other traumatic losses, and how to support families who have experienced them. Participants will leave with a greater knowledge of traumatic loss and interventions to support the bereaved in their community.

Objectives:

- Define mourning, grief, bereavement, and complicated grief, including the DSM criteria.
- List the tasks of grief and factors that make grief unique.
- Discuss how suicide, murder, and other traumatic losses are different from non-traumatic loss.

Upcoming Sessions:

Monday, December 9, 2024

6 P.M. - 8 P.M.

GRIEF SUPPORT GROUP FACILITATOR TRAINING

CEUs: 12

Cost: \$295

This course is open to any professional interested in learning more about grief and loss, and how to help others through their bereavement journey. This workshop is educational and interactive – participants will learn basic and complicated grief interventions, as well as advanced group facilitation skills. In addition, they will practice their group facilitation skills with each other, group work, as well as grief work spans all generations, races, and socioeconomic groups, and is a skill that will enhance any clinician's practice.

Objectives:

- Identify interventions for disruptive group members.
- Practice learned skills via role-playing.
- Identify clinical differences in individual counseling vs support groups.

Upcoming Sessions: *(Must attend both days)*

Thursday, August 15 - Friday, August 16, 2024
9 A.M. - 4 P.M.

SCHOOL-BASED INTERVENTIONS



CEUs: 2

Cost: \$40

This program is designed for educators and clinicians to understand the unique needs of children who may be grieving a parent, grandparent, or other family member, and how that grief intersects with schoolwork.

Objectives:

- Understand regressive behaviors that can happen with grieving children.
- Learn methods of communicating sad news to classmates.

Upcoming Sessions:

Friday, October 11, 2024

1 P.M. - 3 P.M.