2025 GRIEF SUPPORT GROUPS

Cornerstone of Hope's support groups are open to all, regardless of ethnic, cultural and faith backgrounds and are led by professionally trained and experienced facilitators. In order to participate in a support group, you must complete an assessment and pay the \$75 fee.

Each meeting includes a light meal and refreshments. All groups are held at Cornerstone of Hope and are two hours in length (6:00 P.M. to 8:00 P.M.). To schedule your assessment, please complete the interest form by scanning the code or call 216-524-4673 to speak with our Client Services Coordinator before these registration dates:



Winter 2025 Groups: Thursday, December 19, 2024 Spring 2025 Groups: Thursday, March 6, 2025 Summer 2025 Groups: Thursday, May 22, 2025 Fall 2025 Groups: Thursday, August 21, 2025

ADULT GRIEF SUPPORT GROUP

Tuesdays, January 7 - March 11 Tuesdays, March 25 - May 27 Tuesdays, June 10 - August 19 Tuesdays, September 9 - November 11

CHILD LOSS SUPPORT GROUP

Wednesdays, January 8 - March 12 Wednesdays, March 26 - May 28 Wednesdays, June 11 - August 20 Wednesdays, September 10- November 12

COMPLICATED LOSS SUPPORT GROUP

Tuesdays, January 7 - March 11 Tuesdays, March 25 - May 27 Tuesdays, June 10 - August 19 Tuesdays, September 9 - November 11

GRANDPARENT GRIEF SUPPORT GROUP

Wednesdays, January 8 - March 12 Wednesdays, March 26 - May 28 Wednesdays, June 11 - August 20 Wednesdays, September 10- November 12

MURDER LOSS SUPPORT GROUP

Thursdays, January 9 - March 13 Thursdays, March 27 - May 29 Thursdays, June 12 - August 21 Thursdays, September 11 - November 13

PERINATAL & INFANT LOSS SUPPORT GROUP

Tuesdays, January 7 - March 11 Tuesdays, March 25 - May 27 Tuesdays, June 10 - August 19 Tuesdays, September 9 - November 11

SPOUSE LOSS SUPPORT GROUP

Wednesdays, January 8 - March 12 Wednesdays, March 26 - May 28 Wednesdays, June 11 - August 20 Wednesdays, September 10- November 12

SUBSTANCE-RELATED LOSS SUPPORT GROUP

Thursdays, January 9 - March 13 Thursdays, March 27 - May 29 Thursdays, June 12 - August 21 Thursdays, September 11 - November 13

SUICIDE LOSS SUPPORT GROUP

Thursdays, January 9 - March 13 Thursdays, March 27 - May 29 Thursdays, June 12 - August 21 Thursdays, September 11 - November 13

SUICIDE LOSS SUPPORT GROUP FOR PARENTS

Thursdays, January 9 - March 13 Thursdays, March 27 - May 29 Thursdays, June 12 - August 21 Thursdays, September 11 - November 13

YOUNG ADULT GRIEF SUPPORT GROUP

Tuesdays, January 7 - March 11 Tuesdays, March 25 - May 27 Tuesdays, June 10 - August 19 Tuesdays, September 9 - November 11

Please note: No groups will run the week of June 30 - July 4, 2025 due to the holiday.



CREATING A WORLD WHERE NO GRIEVING PERSON JOURNEYS ALONE.

ADDITIONAL PROGRAMS FOR GRIEVERS

Survivors of Suicide Loss Group Support Network

Explore new roads to healing & growth. This group support network is for adults looking to learn more about suicide loss or for those grieving the loss of a loved one to suicide. Each session uses a survivor focused approach and features individual and group peer support, resources, information, and activities.

2nd & 4th Monday of Each Month | 6:00 P.M. - 7:30 P.M.



Free to attend, but please register by scanning the code or visiting cornerstoneofhope.org.

Survivors of Homicide Loss Group Support Network

Explore new roads to healing & growth. This support network is for adults grieving the loss of a loved one to homicide. Each session uses a survivor focused approach and features individual and group peer support, resources, and information.

2nd Tuesday of Each Month | 6:00 P.M. - 7:30 P.M. Cleveland Division of Police, Third District 4501 Chester Avenue, Cleveland, OH 44106



Free to attend, but please register by scanning the code or visiting cornerstoneofhope.org.

In collaboration with:







Mom's Club

This program is a monthly gathering for moms who have lost an infant, and want to connect with other moms in a similar situation. Please join us for a time of fellowship, tea, and encouragement.

3rd Saturday of Each Month | 9:00 A.M. - 11:00 A.M.



T.A.P.S. (Tragedy Assistance Program for Survivors)

TAPS is tragedy assistance for anyone who has lost a military loved one, regardless of the relationship or the circumstances of the death. Founded in 1994, TAPS is a front line resource to military families. We invite you to join us as we provide support, care and hope with fellow survivors in a spirit of friendship and understanding. You do not have to attend every month, only when you are able or feel that you need support.

1st Saturday of Each Month | 10:00 A.M. - 11:30 A.M.

To register or for questions, please contact Bob Derga at rderga@gmail.com or 330-224-1238.



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